



Baring Your Breast: Mammograms: A Positive Experience (Paperback)

By Carole Aydell

AUTHORHOUSE, United States, 2008. Paperback. Book Condition: New. 201 x 122 mm. Language: English . Brand New Book ***** Print on Demand *****.Carole Aydell, throughout her career as a mammographer, has heard countless excuses for why women refuse to get mammograms. The misinformation, rumors, fear, and denial she witnessed with her patients inspired her to write this book. In Baring Your Breast, the author reveals the truth about mammograms: They are a life-saving tool that, if approached properly by both medical professionals and patients, are nothing to fear. Rather, they are one of the key ways to ensure the early detection of breast cancer-and breast cancer is curable if you catch it early enough. This book was a labor of love for the author, who hopes only to motivate readers to be vigilant and proactive in maintaining the health of their breasts. Both women and men, from teenagers to adults, will find the information in this book helpful in explaining how to detect breast cancer early and how to ensure their mammograms are positive experiences.



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