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EAT TO LIVE DIET JOURNAL (PAPERBACK)



Speedy Publishing LLC, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Eat to Live Diet Journal was designed to complement Dr. Joel Furman s best-selling book Eat To Live: The Amazing Nutrient-Rich Program for Fast and Sustained Weight Loss. The diet emphasizes medical breakthroughs and proven strategies supported by Dr. Mehmet OZ as well. The Eat to Live diet program has helped thousands of people lose...

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